



# 2015 Regional Integrated Mental Health Conference

**\*Accredited for 16.0 AMA PRA Category 1 Credit™ \*16.0 CE Credits**

**April 17-19, 2015, West Baden Springs Hotel, West Baden Springs, IN**

**REGISTER TODAY @ [WWW.PDALLC.COM](http://WWW.PDALLC.COM)**

*The American Psychiatric Association, in joint providership with the Indiana Psychiatric Society, invites you to participate in the 6<sup>th</sup> Annual Regional Integrated Mental Health Conference.*

## PROGRAMMING

The delivery of mental health care is a rapidly changing landscape. Evidence suggests the integration of psychiatric care into the physical care setting is imperative in the treatment of those with mental illness. However, many psychiatrists, primary care physicians and other professionals are unsure how to best make this happen.

Join us as we examine current cutting-edge research, evidence-based practices and models on integrated care. Explore the relationship between the mind and body, furthering your knowledge of the interplay between physical and psychiatric illness. Learn about the business of integrated care from national experts.

Speakers will present a balanced program of lectures and case scenarios to improve your understanding of these issues. Join us!

## TARGETED AUDIENCES

Psychiatrists, Primary Care Physicians, Physicians of Other Specialties, Mental Health Providers, Nurse Practitioners, Physician Assistants, and Hospitalists



*Atrium of the West Baden Springs Hotel – site of the PRMS Welcome Reception*



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## CONFERENCE HOTEL



French Lick, the Midwest's premier resort and casino destination, offers two luxury hotels, a 24-hour casino, three golf courses, 15 dining venues, and multiple recreation options on 3,000 acres of history and natural beauty.

### *The West Baden Springs Hotel*

This hotel is an extraordinary experience. You will be captivated once you step foot inside this National Historic Landmark built in 1902. With its unique domed atrium spanning 200 feet, it has been called the "8th Wonder of the World." Rooms rise around the dome and balconies provide a panoramic view of the atrium.

### **The West Baden Springs Hotel features:**

- 243 luxury guest rooms and suites
- Natatorium housing indoor lap pool, spa, salon, and complimentary fitness center
- Championship-level golf courses
- Casual and fine dining options
- Exquisite retail shops
- Complimentary parking and valet service (fee)
- Complimentary high-speed wired and wireless internet
- Complimentary shuttle service to French Lick Springs Hotel & Casino, The Riding Stables, and golf courses



*Spa at the West Baden Springs Hotel*

### **Discounted guest room reservations:**

Discounts are available to conference participants. It is the responsibility of the guest to make and pay for their reservation. Rates are available until March 23 or the room block is full. ***Be advised: this hotel has sold out the past three years and rooms will not be available at French Lick. We encourage you to make your reservation early.***

#### **West Baden Springs Hotel:**

Single/double room	\$199/night Thursday, Friday and Saturday evenings, April 16 - 18
Single/double balcony room	\$249/night Thursday, Friday and Saturday evenings, April 16 - 18

*\*Listed rates do not include applicable taxes.*

### **To make your reservation:**

- Phone 888.936.9360 and use the group code "0415RIM"
- Visit [www.frenchlick.com](http://www.frenchlick.com) and use the group code "0415RIM"



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## **AGENDA**

### **FRIDAY PROGRAMMING (6.0 hours CME/CE)**

**8:30 - 9:00 am**

Breakfast

**9:00 - 9:45 am**

#### **Science Based Medicine, Separating Fact from Fiction**

Chris Bojrab, MD – President, Indiana Health Group, Carmel, IN

**9:50 - 10:35 am**

#### **Using Genetic Testing Principles to Improve Psychiatric Treatment Outcomes**

Jon Draud, MD – Nashville Wellness Center, Nashville, TN

**10:45 - 11:45 am**

#### **The Future of Consumer-Driven Healthcare**

John J. Wernert, MD – Secretary, Family and Social Services Administration, Indianapolis, IN

**12:00 - 1:30 pm**

#### **Luncheon – The Use of Supplementation in the Treatment of Mood Disorders**

Amy Ricke, MD – Psychiatrist, Indiana Health Group, Carmel, IN

*\*luncheon sponsored by Bellevue Pharmacy – Sunshine Act does NOT apply*

**1:30 - 2:00 pm**

Break with exhibitors

**2:00 - 3:00 pm**

#### **Government Policy and the Psychiatrist**

Rodger Currie – Chief of Government Affairs, American Psychiatric Association, Arlington, VA

**3:00 - 3:30 pm**

Break with exhibitors

**3:30 - 5:00 pm**

#### **Building a Specialty Medical Home within Community Mental Health**

Erik Vanderlip, MD, MPH – Assistant Professor, Department of Psychiatry and Medical Informatics, University of Oklahoma School of Medicine, Oklahoma City, Oklahoma

**5:00 - 5:30 pm**

Break with exhibitors

**5:30 - 7:00 pm**

#### **Case Studies in High-risk Areas of Integrated Psychiatric Practice**

Charles David Cash, JD, LLM – Asst. Vice President of Risk Management, PRMS, Arlington, VA

**7:00 - 8:30 pm**

**PRMS Welcome Reception**





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## **SATURDAY PROGRAMMING (6.0 CME/CE)**

### **8:00 - 9:00 am**

Social breakfast and break with exhibitors

### **9:00 – 10:30 am**

#### **Neuroscience of Addiction Vulnerability Caused by Childhood Trauma**

R. Andrew Chambers, MD – Associate Professor of Psychiatry, Director, Laboratory for Translational Neuroscience of Dual Diagnosis & Development, Director, Addiction Psychiatry Training Program, Indiana University School of Medicine, Indianapolis, IN

### **10:30 – 11:00 am**

Break with exhibitors

### **11:00 am – 12:30 pm**

#### **Evolving Developments in TBI: Making Sense of Mild Traumatic Brain Injury**

Thomas McAllister, MD – Chair of Department of Psychiatry, Indiana University School of Medicine, Indianapolis, IN

### **12:30 – 1:30 pm**

Social luncheon and break with exhibitors

### **1:30 – 5:00 pm**

#### **Resident Programming**

Jake Behrens, MD – Transitioning to Practice with Technology

Chris Bojrab, MD – Pharmacogenomics in Clinical Practice

Rodger Currie – Advocacy and the Early Career Physician

## **OR**

### **1:30 – 3:00 pm**

#### **Teaching Integrated Care: Lessons from Psychosomatic Medicine**

Catherine Chiles, MD – Associate Professor of Psychiatry, Yale University School of Medicine, New Haven, CT

### **3:00 – 3:30 pm**

Break with exhibitors

### **3:30 – 5:00 pm**

#### **Integrated Care with the Child & Adolescent Population**

Barry Sarvet, MD – Associate Clinical Professor, Tufts University School of Medicine, Springfield, MA

### **5:15 – 6:15 pm**

#### **APA PAC Reception**



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## **SUNDAY PROGRAMMING (4.0 CME/CE)**

**7:30 – 8:00 am**

Social breakfast with exhibitors

**8:00 - 9:30 am**

### **Polypharmacy Reduction in Collaborative Care**

Pieter Joost van Watum, MD, MA – Associate Clinical Professor of Child Psychiatry, Yale University School of Medicine, New Haven, CT

**9:30 – 9:45 am**

Break with exhibitors

**9:45 – 10:45 am**

### **Risk Management Considerations in Integrated Care**

Moirá Wertheimer, RN, JD, CPHRM – Assistant Vice President, Healthcare Risk Management, AWAC Services Company, Member of Allied World, Hartford, CT

**10:45 – 11:00 am**

Break with exhibitors

**11:00 am – 12:30pm**

### **Neurobiology of Psychodynamics**

Joanna Chambers, MD – Assistant Professor of Clinical Psychiatry, Vice Chair for Education, Director of Residency Training, Indiana University School of Medicine, Indianapolis, IN

## **ACCREDITATION AND DISCLOSURE STATEMENTS**

### **Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Indiana Psychiatric Society (IPS). The APA is accredited by the ACCME to provide continuing medical education for physicians.

### **Designation Statement**

The APA designates this live activity for a maximum of 16.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Disclosure Statement**

It is the policy of the APA to comply with the ACCME Standards for commercial support of CME. Planning committee members and related staff disclosures must be on file annually with disclosures made available on program materials. Faculty participating in sponsored or jointly sponsored programs by APA are required to disclose to the program audience any real or apparent financial relationships with commercial interests related to the content of their presentation. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.



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## EDUCATIONAL NEED

**Current situation:** The delivery of mental health care is a rapidly changing landscape with the integration of psychiatric care into the physical care setting. Many psychiatrists and primary care physicians are unsure how to integrate their practices in an effort to provide quality, efficient service to their patients. Physicians need to explore existing models and gather tools for successful integration.

**Proposed changes:** It is hoped that as a result of participating in this program, physicians will have an improved understanding of the importance of coordinated care and they will have improved collaboration with medical peers thereby improving patient care and quality of life.

## LEARNING OBJECTIVES

After participating in this program, participants will:

1. Understand modern history of research in Neurodevelopmental effects of childhood abuse and neglect.
2. Understand the neurotoxic biological effects of adverse childhood experience and how these effects generate both mental illness and addiction vulnerability.
3. Understand the pathological life cycle of childhood abuse, neglect and dual diagnosis as a core public health crisis.
4. Identify leading models for addressing mental health needs of children in the primary care setting.
5. Understand strengths and weaknesses of population-based systems for collaboration between child psychiatrists and primary care providers
6. State the high rates of co-morbid medical/psychiatric conditions
7. Identify barriers to an integrated care approach
8. Discuss novel techniques in education to improve integrated care
9. Describe at least two claims, lawsuits, or administrative actions in the high-risk areas of integrated psychiatric practice.
10. Synthesize from the case studies at least five strategies to minimize professional liability risk.
11. Recognize the need for improved chronic health management within Community Mental Health settings.
12. Outline the crucial components of the medical home concept in primary care.
13. Synthesize the elements of a medical home within Community Mental Health settings.
14. Identify opportunities for quality improvement focused on chronic disease management within Community Mental Health settings.
15. Understand a historical perspective of how neurobiology and psychodynamics became separated in our field.
16. Understand the importance of attachment theory in the etiology of psychiatric illness
17. Understand the emerging neuroscience of attachment and transference
18. Develop insight into new ways to consider combining our knowledge of neurobiology with other forms of treatment
19. Understand professional, boundary and safety and security considerations as well as general standard of care issues when practicing telepsychiatry.
20. Recognize ethical, policy and legal considerations when practicing telepsychiatry with patients.
21. Explore risk management and liability exposures when using telepsychiatry with patients. Identify risk mitigation strategies, including case example discussions.



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## **LEARNING OBJECTIVES continued**

22. Recognize the relationships and potential liability issues arising between the psychiatrist and other medical/non-medical providers within the integrated care practice setting when practicing telepsychiatry.
23. Demonstrate the polypharmacy is generally not an effective treatment strategy
24. Demonstrate the economical impact of polypharmacy on the healthcare system
25. Demonstrate that collaborative care is instrumental in polypharmacy prevention and reduction
26. Be able to describe the three major psychiatric sequelae of TBI
27. Be able to describe the typical profile of injury associated with the neurobehavioral sequelae of TBI
28. Be able to describe the three common factors modulating outcome after TBI
29. Current knowledge of the relationship between sports concussions, repetitive head impacts, and cognitive function.
30. Know of the basic psychological principles of healthcare decisions
31. Appreciate the differences in consumer participation based on payment models
32. Know how psychiatric access and care is improved with consumer-driven healthcare models
33. Have a better understanding of the scientific basis of various methods used in the treatment of mood disorders and related psychiatric conditions
34. Be familiar with reliable sources of information to assist in the evaluation of claims made about alternative treatments
35. Have enhanced critical thinking skills
36. Better understand genetic principles
37. Develop an understanding of genetic testing as it relates to pharmacodynamics and kinetic psychiatric issues
38. Use this knowledge to make more informed treatment decisions



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## REGISTRATION FORM

### Three easy ways to register:

\*Online: Visit [www.pdallc.com](http://www.pdallc.com) – credit card payment only

\*Fax: Complete form with credit card information and fax to 888.477.9119

\*Mail: Complete form, make check payable to IPS and mail to: Indiana Psychiatric Society  
P.O. Box 30413  
Indianapolis, IN 46230

*Confirmation of registration will be emailed within 24 hours of receipt. If you do not receive confirmation within 10 days of submission, contact Sara at [lizgrouppllc@yahoo.com](mailto:lizgrouppllc@yahoo.com) or 888.477.9119.*

**\*Fill out form completely. Information will be kept confidential. PLEASE PRINT.**

Full name and degree (MD, DO, RN, etc.) \_\_\_\_\_

Affiliation/category (ie: IPS, APA, other) \_\_\_\_\_

Email address \_\_\_\_\_

Daytime phone number \_\_\_\_\_

- Registration fee includes CME/CE credits, online access to syllabus, PRMS Welcome Reception Friday evening (registrant only), continental breakfast Friday & Saturday & Sunday mornings, and Friday & Saturday luncheons.
- To receive the early bird rate, registration and payment must be received no later than January 16, 2015.
- To receive the regular rate, registration and payment must be received no later than March 27, 2015.
- Registrations received after March 13, 2015 will be subject to full price.
- Onsite registrations will incur a \$25 charge above the highest rate **if space is available**.
- CANCELLATIONS: A 50% refund will be made on registration only if cancellation notification is made in writing and received by event staff by 03/13/15. No refunds or credits after 03/13/15.

<b>Registration</b> <b>*Circle one category (fee)</b>	Available until 1/16/15	1/17/15- 3/27/15	3/28/15- 4/10/15
Members of IPS and other APA district branches	\$225.00	\$250.00	\$275.00
IPS and other APA Early Career Psychiatrists	\$200.00	\$225.00	\$250.00
IPS and other APA Residents & medical students	\$75.00	\$100.00	\$125.00
Non-member physicians	\$305.00	\$330.00	\$355.00
Non-physician (ie: PhD, LCSW, RN, etc.)	\$240.00	\$265.00	\$290.00
Students	\$125.00	\$150.00	\$175.00

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<b>Circle one option in each of the boxes to the right indicating registrant intentions. All meals are included in your registration fee.</b>		
Friday continental breakfast	Yes	No
Friday luncheon	Yes	No
Friday evening PRMS Welcome Reception	Yes	No
Saturday continental breakfast	Yes	No
Saturday luncheon	Yes	No
Sunday continental breakfast	Yes	No

<b>Additional Purchase Options</b> <b>*Purchases non-refundable. Adults only.</b>	Before 4/1/15
Printed syllabus – will not be available for purchase on site	\$15.00
Syllabus on flash drive – will not be available for purchase on site	\$10.00
Guest – Friday Evening PRMS Welcome Reception	\$30.00
Guest Package – Friday breakfast & reception, Saturday breakfast & lunch, Sunday breakfast	\$195.00
Resident scholarship donation	

## Payment method:

**Circle one:**    Check                      Credit Card                      Amount included/to be charged: \_\_\_\_\_

Name on credit card \_\_\_\_\_

Billing address (**include street number, street, city, state, zip**) \_\_\_\_\_

Phone number tied to credit card \_\_\_\_\_

Credit card number \_\_\_\_\_

Credit card expiration date \_\_\_\_\_

Credit card security code (3 or 4 digit code on card) \_\_\_\_\_