



2023 Regional Integrated Mental Health Conference

Accredited for 13.75 CME ~ 13.75 CE

September 22-24 ~ West Baden Springs Hotel, West Baden Springs, IN

REGISTER TODAY @ WWW.PDALLC.COM

The American Psychiatric Association, in joint providership with the Indiana Psychiatric Society, invites you to participate in the 14th Annual Regional Integrated Mental Health Conference.

PROGRAMMING

The state of the state: mental health.

The past several years we have witnessed a fundamental shift in mental health. Athletes publicly taking mental health breaks from competition, phone apps to access therapists on demand, and transformative therapies long in existence only now seen as safe and effective in the fight against mental illness.

This conference will help psychiatrists and other mental health professionals as they continue to forge new paths in psychiatry. While traditional clinical programming will be the focus, the lens of social inequities will be weaved in so as to better help our participants navigate their practice.

TARGETED AUDIENCES

Psychiatrists, Primary Care Physicians, Physicians of Other Specialties, Mental Health Providers, Psychiatric Nurses, Nurse Practitioners, Physician Assistants, and Hospitalists



CONFERENCE HOTEL



French Lick, the Midwest's premier resort and casino destination.

Nestled among the hills of Southern Indiana's Hoosier National Forest is a classic American destination: French Lick Resort. Home to two AAA Four-Diamond nationally historic hotels, three golf courses, two world-class spas, impressive meeting venues, and 24/7 gaming at French Lick Casino. Experience Old World opulence and modern comforts with unparalleled Hoosier hospitality.

The West Baden Springs Hotel

Escape from the everyday to a luxury hotel built more than a century ago. Once called the "Eighth Wonder of the World," the focal point of the hotel is the awe-inspiring atrium that spans 200 feet. Mixing comfortable ambiance with modern amenities, the hotel creates unforgettable experiences.

- Outdoor and indoor pool and hot tub, fitness center
- Casual and fine dining options
- Exquisite retail shops
- Complimentary parking and valet service
- Complimentary high-speed wired and wireless internet
- Complimentary resort-wide shuttle service



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Discounted guest room reservations:

It is the responsibility of the guest to make and pay for their reservation. Rates are available until Friday, **August 25** or the room block is full. **Be advised: this hotel has sold out the past several years.** *Rates do not include taxes. (Should room block be full or closed, please [contact Sara](#) for assistance – not guaranteed.)

West Baden Springs Hotel:

Single/double countryside room	\$239 Thursday, September 21
	\$259/night Friday and Saturday, September 22 & 23
Single/double atrium view room	\$279 Thursday, September 21
	\$299/night Friday and Saturday, September 22 & 23
Single/double balcony room	\$289 Thursday, September 21
	\$309/night Friday and Saturday, September 22 & 23

Make your reservation:

- Phone 888.936.9360 and use group code 0923RIM, or
- [Use this link](#)

AGENDA

FRIDAY (5.25 hours CME)

8:30 - 9:30 am

Social breakfast with exhibitors

9:30 - 10:30 am

A to Z of Tardive Dyskinesia: Identification, Treatment, and Considerations for Special Populations

Rajiv Tandon, MBBS, MD, MS

Professor Emeritus, Department of Psychiatry, Western Michigan University

10:30 - 11:05 am

Coffee break with exhibitors

11:05 am - 12:20 pm

Risk Management and Liability for the Acts of Others

Charles David Cash, JD, LLM

Assistant Vice President of Risk Management, PRMS

12:20 – 1:15 pm

Break with exhibitors and **lunch served**

1:15 - 2:45 pm

Structural Violence

Areef Kassam, MD, MPA

Associate Program Director, Community Health Network Psychiatry Residency Training

2:45 - 3:15 pm

Coffee break with exhibitors





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3:15 - 4:45 pm

Balancing Hope and Hype: Understanding Ketamine's Role in the Mental Health Field

Melissa Reed, MD

Klarity Ketamine Wellness Clinic

5:00-6:30 pm

PRMS Welcome Reception – complimentary for registrants

8:00-9:30 pm

Resident-Fellow After Hours

SATURDAY (6.0 CME)

8:30 - 9:30 am

Social breakfast with exhibitors

9:30 – 11:00 am

The Intersection of Cannabis and Psychiatry

Andrea Weber, MD, MME, FACP, FASAM

University of Iowa Health Care

11:00 – 11:30 am

Coffee break with exhibitors

11:30 am – 1:00 pm

Supportive Psychotherapy in Medical Settings and Brief Patient Care Encounters

Erin Crocker, MD

Psychiatry Residency Training Director, University of Iowa Hospitals and Clinics

Randon Welton, MD

Chair, Department of Psychiatry, Northeast Ohio Medical University

1:00 – 2:00 pm

Break with exhibitors and **lunch served**

1:00-2:00 pm

Resident Lunch and Programming

2:00 – 3:30 pm

What Lies Ahead: Changes and Challenges for the Psychiatric Workforce

Randon Welton, MD

Chair, Department of Psychiatry, Northeast Ohio Medical University

3:30 – 3:45 pm

Coffee break with exhibitors

3:45 – 5:15 pm

Psychopharmacology: What's New, What's Hot, and What Should You Know Before Prescribing

Shannon Stratton, Pharm.D., BCPS, BCPP

Richard L. Roudebush VAMC





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6:00 – 8:30 pm

PRMS Soiree at the Stables

Food, drink, and live music, complimentary for meeting registrants

SUNDAY (2.5 CME)

8:30 – 9:00 am

Social breakfast

9:00 - 10:15 am

Jail-Based Restoration of Competency

Greg Unfried, MD

Southwest Behavioral Healthcare

10:15 – 10:30 am

Coffee break

10:30 – 11:45 am

Early Phase Psychosis and Criminal Involvement in United States Adults

Kyle D. Webster DO, PhD

Indiana University School of Medicine, Department of Psychiatry



LEARNING OBJECTIVES, PRACTICE GAPS, ACCREDITATION INFORMATION

LEARNING OBJECTIVES

- Evaluate new research findings in psychiatry and neuroscience and how they may impact practice
- Apply quality improvement strategies to improve clinical care
- Provide culturally competent care for diverse populations
- Determine the utility of psychotherapeutic and pharmacological treatment options
- Integrate knowledge of current psychiatry into discussions with patients

PRACTICE GAPS

- Learners need to know about new research findings in psychiatry and neuroscience and how they may impact practice. They need competence to apply quality improvement strategies that will lead to improved clinical care.
- Learners need to provide culturally competent care for diverse populations, and they need to understand psychotherapeutic and pharmacological treatment options.
- Learners need skills/strategies to integrate knowledge of current psychiatry into discussions with patients.

ACCREDITATION INFORMATION

Accreditation and Designation Statement: In support of improving patient care, this activity has been planned and implemented by American Psychiatric Association (APA) and Indiana Psychiatric Society (IPS). The American Psychiatric Association (APA) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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The American Psychiatric Association (APA) designates this live activity for a maximum of 12.75 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosures of Conflicts of Interest

Clinical Care Options, LLC (CCO) requires instructors, planners, managers, and other individuals who are in a position to control the content of this activity to disclose all financial conflicts of interest (COI) they may have with ineligible companies. All relevant COI are thoroughly vetted and mitigated according to CCO policy. CCO is committed to providing its learners with high-quality CME/CE activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of an ineligible company.

Faculty Disclosures

The **faculty** reported the following relevant financial relationships or relationships to products or devices they have with ineligible companies related to the content of this educational activity:

Rajiv Tandon, MBBS, MD, MS: has no relevant financial relationships to disclosure

Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer

Learners have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by healthcare professionals without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

Accreditation Information

In support of improving patient care, Clinical Care Options, LLC (CCO) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Designation of Credit

Physician Continuing Medical Education

CCO designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Pharmacy Education

CCO designates this continuing education activity for 1.0 contact hour (0.1 CEUs) of the Accreditation Council for Pharmacy Education. Universal Activity Number: JA4008176-0000-23-137-L01-P



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Type of Activity: Application

Upon successfully completing the activity evaluation form, transcript information will be sent to the NABP CPE Monitor Service within 60 days.

Nursing Continuing Professional Development

The maximum number of hours awarded for this Nursing Continuing Professional Development activity is 1.0 contact hour, including 1.0 hour of pharmacology credit.

Physician Assistant/Physician Associate Continuing Medical Education

Clinical Care Options, LLC has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim commensurate with the extent of their participation.

Psychologist Continuing Education

Continuing education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

This activity will offer 1.0 continuing education credit for psychologists.

Social Work Continuing Education

As a Jointly Accredited Organization, Clinical Care Options, LLC is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 clinical continuing education credit.

REGISTRATION

*Online: www.pdallc.com – credit card payment only

*Fax: completed form below with credit card information to 888.477.9119

*Mail: completed form below with check payable to IPS to: Indiana Psychiatric Society
P.O. Box 30413
Indianapolis, IN 46230



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REGISTRATION FORM

Confirmation of registration will be emailed within 24 hours of receipt if form mailed or faxed. If you do not receive confirmation within 10 days of mailing, contact Sara at lizgrouppllc@yahoo.com.

***Fill out form completely. Information will be kept confidential. PLEASE PRINT.**

Name and degree (MD, DO, etc.) _____

Name & degree of spouse/partner/guest, if applicable (MD, DO, etc.) _____

Email _____

Circle appropriate registration rate Fee includes: CME/CE, online syllabus, breakfast (F/S/S), lunch (F/S), Friday PRMS Welcome Reception, and Saturday PRMS Soiree at the Stables (dinner)	Form and payment received By 7/29	Form and payment received 7/30-9/4
IPS and other APA Members	\$325.00	\$355.00
IPS and other APA Early Career Members (ECPs)	\$290.00	\$320.00
IPS and other APA Resident Fellow Members (RFMs)	\$55.00	\$55.00
Non-member Physicians	\$425.00	\$455.00
Non-Physician (e.g.: PhD, LCSW, RN, etc.)	\$350.00	\$380.00
Medical Students	\$95.00	\$125.00

Indicate your intentions to attend by circling yes or no. Meals/receptions/parties below are included in your registration fee.	Attending	Not attending
Friday breakfast	Yes	No
Friday lunch	Yes	No
Friday evening PRMS Welcome Reception	Yes	No
Saturday breakfast	Yes	No
Saturday lunch	Yes	No
Saturday evening PRMS Soiree at the Stables (dinner/drinks)	Yes	No
Sunday breakfast	Yes	No

Additional Purchase Options *Purchases non-refundable and not available for onsite purchase.	By 9/4
Printed syllabus	\$25.00
Syllabus on flash drive	\$12.50
Adult Guest – Friday Evening PRMS Welcome Reception	\$40.00
Adult Guest - Saturday Evening PRMS Soiree at the Stables (includes drinks and dinner)	\$75.00



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Additional Purchase Options continued...	
Adult Guest – Friday Reception & Saturday PRMS Soiree at the Stables	\$99.00
RFM Adult Guest – Friday Evening PRMS Welcome Reception	\$33.00
RFM Adult Guest - Saturday Evening PRMS Soiree at the Stables	\$53.00
RFM Adult Guest – Friday Reception & Saturday PRMS Soiree at the Stables	\$79.00
Adult Guest Package – Friday breakfast & PRMS Welcome Reception, Saturday breakfast & lunch, Sunday breakfast	\$275.00
Adult Guest Package – Friday breakfast & PRMS Welcome Reception, Saturday breakfast & lunch & PRMS Soiree at the Stables, Sunday breakfast	\$325.00
Resident Scholarship Contribution	\$

Payment method:

Circle one: Check Credit Card Amount included/to be charged: _____

Name on credit card _____

Billing address (include street number, street, city, state, zip) _____

Phone number tied to credit card _____

Credit card number _____

Expiration date _____ Security code (3 or 4 digit code on card) _____

*Onsite registrations will incur a \$25 charge above the highest rate **if space is available**.

*CANCELLATIONS: A 50% refund will be made on registration only if cancellation notification is made in writing and received by event staff by 9/4/23. No refunds after 9/4/23.